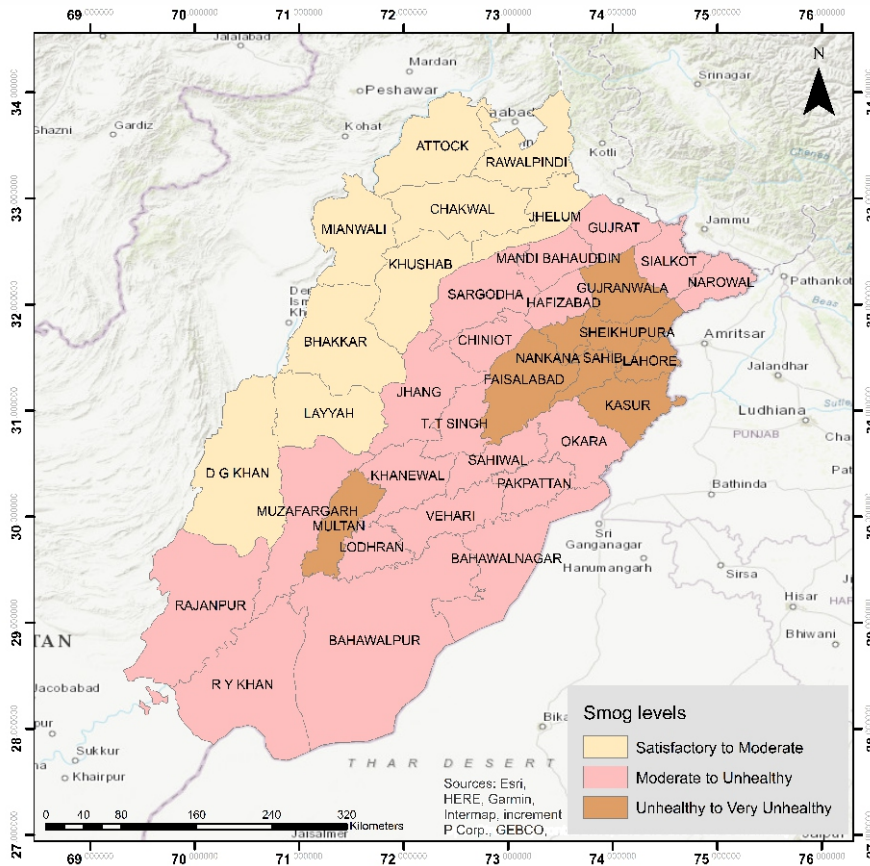




PUNJAB SMOG FORECAST (13 NOV TO 20, 2023)

Developed by National Emergency Operations Centre
National Disaster Management Authority
Dated: 13 November, 2023



POPULATION EXPOSED

10,358,671

ESTIMATED POPULATION IN LAHORE



DISTRICT WISE POPULATION

LODHAN 12,990.00	ATTOCK 15,550.00	PAKPATTAN 13,900.00
MANDI BAHAUDDIN 13,110.00	BAHAWALNAGAR 23,630.00	R Y KHAN 36,390.00
MIANWALI 12,520.00	BAHAWALPUR 26,230.00	RAJANPUR 14,190.00
MULTAN 36,880.00	BHAKKAR 12,860.00	RAWALPINDI 44,880.00
MUZAFARGARH 32,030.00	CHAKWAL 12,650.00	SAHIWAL 20,150.00
NANKANA SAHIB 10,730.00	CHINIOT 10,760.00	SARGODHA 29,520.00
NAROWAL 13,790.00	FAISALABAD 90,234.01	SHEIKHUPURA 27,940.00
OKARA 23,880.00	GUJRANWALA 39,640.00	SIALKOT 31,370.00
VEHARI 22,250.00	D G KHAN 21,530.00	T T SINGH 17,620.00
GUJRAT 22,220.00	JHELUM 10,170.00	LAHORE 11,119,985
HAFIZABAD 9,040.00	KASUR 26,370.00	LAYYAH 14,240.00
JHANG 20,610.00	KHUSHAB 10,220.00	KHANEWAL 22,820.00



Smog Advisory

- As per our seasonal outlook of smog, the air quality is forecasted to worsen this week in parts of Punjab, notably in cities such as **Lahore, Faisalabad, Gujranwala, and Multan.**
- In other areas of Punjab, the air quality may range from moderate to unhealthy due to weak westerly disturbances passing through the upper and central regions, creating a stable environment.

Precaution Measures against Smog:

- Limit outdoor activities, and spend more time indoors during smoggy days.
- Wear masks when going outside to reduce inhalation of smog particles.
- Stay informed about local air quality levels and follow recommendations from authorities.
- Drink plenty of water to keep your respiratory system hydrated.